

THE 7 DEADLY SINS

DISTORTIONS & CORRECTIONS

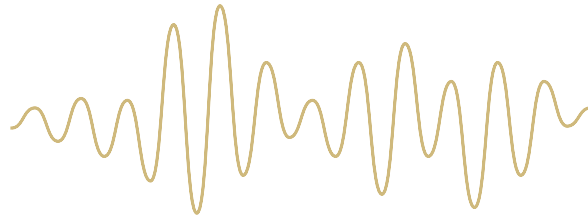
Lower Vibrational Frequencies



1 WRATH Anger	2 GLUTTONY Overindulgence	3 ENVY Jealousy and nastiness	4 LUST Perversion and overidentifying with bodies	5 GREED Accumulating too many things; degradation of our home	6 PRIDE Vanity and ego; desire for power	7 SLOTH Apathy, victimization and laziness
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These are merely distortions in our perception of reality

Higher Vibrational Frequencies



1 Patience and temperance	2 Moderation, logic and wisdom	3 Gratitude, thankfulness and love	4 Purity, innocence and love	5 Charity, generosity, giving of self, service and time	6 Humility, understanding of balance and equality for all	7 Diligence, action and ethic; a desire to do your part
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These are examples of a mind that has been healed

