

Relationship Questionnaire

Section A - Basic Information

- 1. Your full name:
- 2. Age:
- 3. Date completed:

Section B - Current Relationship Status

- 1. Are you currently in a relationship? (Yes/No)
- 2. If yes, how long have you been together?
- 3. Relationship type: (Marriage, Dating, Engagement, Other)
- 4. Do you live together? (Yes/No)

Section C - Relationship History

- 1. How many significant relationships have you had before this one?
- 2. Longest previous relationship and why it ended:
- 3. Shortest previous relationship and why it ended:
- 4. Have you ever been married before? If yes, how many times?
- 5. Have you experienced any major betrayals (infidelity, dishonesty, abandonment)? If so, please explain:

Section D - Communication & Conflict

- 1. How do you usually communicate your needs in a relationship?
- 2. How do you typically respond to conflict?
- 3. What are your "non-negotiables" in a relationship?
- 4. Do you and your current/last partner resolve disagreements easily? (Yes/No)
- 5. How do you handle emotional disagreements (yelling, silence, walking away, calm discussion)?



Section E - Emotional & Intimacy Needs

- 1. What makes you feel most loved in a relationship? (e.g., words, touch, quality time, acts of service, gifts)
- 2. How do you express love to others?
- 3. Are you comfortable with physical affection?
- 4. Do you feel emotionally safe in your current or most recent relationship?
- 5. What are your biggest fears in a relationship?

Section F - Shared Life Goals

- 1. Do you want children? If yes, how many?
- 2. What are your main personal goals for the future?
- 3. Are your lifestyle and values aligned with your partner's?
- 4. Do you share financial and career expectations?