

THE STAGES OF

SPIRITUAL AWAKENING

THE DARKNESS

Questioning of 'what life is" with feelings of despair, confusion and frustration

HERMIT STAGE

A pull to spend time alone, a need to avoid small talk, a desire to find deeper meaning and questioning of everything

THE REBIRTH

Awareness of the steady thought stream in your mind (ego) and conditioning to who you are; consciousness is expanded

THE CALLING

A deep, unavoidable pull to share your own story, practice healing modalities or teach the collective of their true potential

