

# Spiritual Ascension

Spiritual ascension refers to a magical awakening of your soul into a higher level of consciousness. It merges you to a pure and divine source of pure energy.

## Signs of Ascension

- ▶ DRAWN TOWARDS NATURE
- ▶ DETACHED FROM FAMILY & FRIENDS
- ▶ INTENSE FRUSTRATION, SADNESS & RAGE
- ▶ SUDDEN LOSS OF SELF-IDENTITY
- ▶ DIFFICULTY IN CONCENTRATION
- ▶ SELF-TALK & INNER DIALOGUE
- ▶ UNUSUAL DREAMS
- ▶ BODY DISCOMFORT, PAIN & ACHES



## Stages of Ascension

- 01 Conscious Awakening
- 02 Emotional Cleansing
- 03 Releasing Patterns
- 04 Re-birth & Renewal
- 05 Spiritual Ascension

